

ENG (BALANCE TEST) INSTRUCTIONS

Certain medications can effect the results of this test. In order to prevent useless or false test results, we ask that you NOT take any of the following medications or beverages for 48 hours (two days) prior to the test: SLEEPING PILLS, TRANQUILIZERS, ANTIHISTAMINES, ALCOHOLIC BEVERAGES, ANTI-DIZZINESS PILLS, MUSCLE RELAXERS, COUGH SYRUPS, SEDATIVES, PAIN PILLS, MOTRIN

You may take: BLOOD PRESSURE AND HEART MEDICATIONS, CHOLESTEROL MEDICATIONS, DIABETIC MEDICATIONS AND TYLENOL.

NO eating for 3 hours before the test

NO coffee, tea or caffeinated beverages for 3 hours before the test

NO smoking for 3 hours before the test

Please do not wear any eye makeup

The test is a simple, painless procedure requiring approximately 1 1/2 hours. Video goggles are used to record your eye movements to determine if you have any balance problems related to the inner ear or central nervous system. Please dress comfortably, women may want to wear slacks. This test may cause brief dizziness which subsides in most cases. If you have modified your current driving habits due to balance issues, you may want to arrange for transportation.

BSER (BRAINSTEM EVOKED RESPONSE) INSTRUCTIONS

The brainstem evoked response test will enable us to assess your auditory system from the level of the ear to the level of the brainstem. We are interested in making sure that nerve signals are transmitted properly to this level.

You will be asked to lie comfortably on a table while you listen to clicking sounds through earphones. Four electrodes will be taped to your head, forehead and earlobes in order for us to record your responses. You will not need to actively respond in any way.

For best results, we ask your hair to be free of cream rinse and sprays. This will allow for best electrode conduction. Also, please refrain from alcohol consumption the day of the test. This test will take approximately one hour.

Appointment Date: _____ **Appointment Time:** _____